

The logo features a large, stylized cross on the left side. The vertical bar of the cross is a thick black line. The horizontal bar of the cross is a thick black line that extends to the right, overlapping the letter 'S' of 'Steuubenville'. The text 'Steuubenville South' is written in a bold, black, sans-serif font. Below this, the words 'Diocese of Alexandria' and 'Catholic High School Youth Conference' are written in a smaller, bold, black, sans-serif font, stacked on two lines.

Steuubenville South
Diocese of Alexandria
Catholic High School Youth Conference

- Apologetics and Resources Manual -

TABLE OF CONTENTS

SECTION I - SCRIPTURE AND APOLOGETICS SECTION

Catholicism (Apologetics, Church Information)	3
Catechetical References:	
Catechism References for the Mass	6
Exposition and Adoration of the Blessed Sacrament	10
Scripture References on Gifts of the Holy Spirit	11
Gifts of the Holy Spirit Explanation and Catechism References	12
Scripture and Catechism References on Expressive Praise	14

SECTION II – COMPREHENSIVE RESOURCE SECTION

Grow in the Faith	15
Evangelizing Adults (Bible Studies, etc.)	20
Service/Social Justice	20
Media	21
Youth Ministry	23

SECTION III – SPECIAL NEEDS SECTION

Abuse (Physical, Sexual, Emotional)	23
Addiction (Substance Abuse, Drugs, Alcohol, Sexual, Pornography)	24
Depression	26
Eating Disorders	27
Grief	27
Runaway Hotlines	28
Self-Mutilation and Suicide	28
Sexuality (Abstinence, Healthy Sexuality, Crisis Pregnancy, Abortion, Homosexuality)	29

In this manual you will find for each topic what is available from the following: hotlines, web-sites, books, audio tapes and CDs, and a section on where to find how the Catholic Church addresses the subject along with any Catholic reference materials we have come across.

Listed after each book or media reference is one company from whom you may order the product. Please see the end of this manual for information on how to contact these companies. A book or reference material may be available from several companies. Prices may vary.

SECTION I - SCRIPTURE AND APOLOGETICS SECTION

Catholicism **Apologetics and Church Information**

Web-Sites:

<http://www.nccbuscc.org/nab/bible/index.htm>

This Site: The New American Bible on-line.

<http://www.usccb.org/nab/nabpodcast.shtml>

This Site: USCCB has a new podcast with daily Mass readings!

http://www.vatican.va/archive/catechism/ccc_toc.htm

This Site: The Catechism of the Catholic Church on-line.

http://www.vatican.va/archive/ENG1104/_INDEX.HTM

This Site: The Catholic Church's Code of Canon Law on-line.

www.masstimes.org

This Site: Gives times and locations for Masses anywhere in America.

www.catholic.com

This Site: Catholic Answers site. Excellent apologetics explaining the Catholic position on many controversial issues.

www.crossroadsinitiative.com

This Site: Catholic ministry of great resources to renew and educate Catholics and converts to the Church.

<http://catholicapologetics.com>

This Site: San Juan Catholic Seminars site. Access to order an excellent series of booklets on apologetics. Also audio tapes and seminars.

<http://forums.catholic.com>

This Site: Catholic Answers hosts an apologetics forum. Members receive an e-mail each week of hot topics that were covered in the forums.

www.catholicnews.com

This Site: The Catholic News Service. Catholic news headlines and articles.

www.christdesert.org

This Site: Christ in the Desert Monastery. Information on monastic life, religious vocations, saints, types of prayer, the Desert Fathers, and St. Benedict's Rule.

www.cin.org

This Site: Catholic Information Network. Daily and weekly readings, explanations of Church teachings, Catholic articles and writings from the saints.

www.catholic.net

This Site: Catholic Information Center on the Internet. Church documents, articles, bookstore, prayers, newsletters.

www.catholicity.com

This Site: Free resources, books, cds, talks. Links to Catholic sites. Catholic news and Church teaching.

www.udayton.edu/mary

This Site: The Mary Page. Library on Mary with materials, links, devotions, and frequently asked questions.

www.usccb.org

This Site: Official United States Conference of Catholic Bishops site. Excellent resources, Daily Mass Readings, bookstore, articles and press releases.

www.vatican.va

This Site: Official Vatican site. Encyclicals and Church Documents. Information on Saints and Catholic News.

www.newadvent.org

This Site: Access to Church documents, the Bible, and the Catechism. Also a Catholic Encyclopedia and St. Thomas Aquinas' *Summa Theologica*.

www.catholicculture.org

This Site: Documents and articles, liturgical calendar, site reviews covering fidelity to Catholic teachings

www.zenit.org/english

This Site: Daily news on the Church. Excellent backdated articles. Can subscribe for free daily news e-mails.

www.usccb.org/faithfulcitizenship/index.htm

This Site: Catholic Bishops on political involvement and moral obligations as a Catholic in America.

www.catholic-pages.com

This Site: Easy search for Catholic documents, teachings, and media on any subject.

www.catholiceducation.org

This Site: Great educational articles on today's issues by good Catholic authors.

Web-Sites Especially for Youth:

www.phatmass.com

This Site: Information on Catholic musicians. Apologetics, Catholic desktops, etc. They also have a site for praying the Rosary: www.59beads.com

Books:

Apologetics on General Church Teachings:

The Catholic Answer Bible (NAB). Published by Our Sunday Visitor, 2002. Bible including apologetics explanations for many aspects of the Catholic Church, including Sacraments and tradition. (Catholic Company)

Your Questions, God's Answers by Peter Kreeft. Published by Ignatius Press, 1994. Uses Scripture to answer questions young people ask concerning God and themselves. (Catholic Company)

Will Catholics Be Left Behind?: A Critique of the Rapture and Today's Prophecy Preachers by Carl E. Olson. Published by Ignatius Press, 2003. A Catholic convert explores the history of the Rapture belief now popular in the "Left Behind" series, and explains the true Catholic position. (Ignatius)

Catholic for a Reason: Scripture and the Mystery of the Family of God edited by Scott Hahn and Leon J. Suprenant. Published by Emmaus Road Publishing, Inc., 1998. Collection of essays written by Catholic converts and theologians on issues of the Christian faith. (Catholic Company)

By What Authority? By Mark P. Shea. Published by Our Sunday Visitor, 1996. A convert to Catholicism shares his story and explains why Sacred Tradition is valid. (Catholic Answers)

What Catholics Really Believe by Karl Keating. Published by Ignatius, 1995. 52 Answers to common misconceptions about the Catholic Church and its beliefs. (Catholic Company)

Reasons to Believe: How to Understand, Explain, and Defend the Catholic Faith by Scott Hahn. Published Doubleday, 2007. New apologetics book by Scott Hahn. (Amazon)

Rome, Sweet Home by Scott and Kimberly Hahn. Published by Ignatius Press, 1993. The story of the Hahn family's journey into the Catholic Church. (Amazon)

Why Is That in Tradition? by Patrick Madrid. Published by Our Sunday Visitor, 2002. Explains Church teachings and traditions and the reasons behind them. (Amazon)

Search and Rescue: How to Bring Your Family and Friends Into, or Back Into, the Catholic Church by Patrick Madrid. Published by Sophia Institute Press, 2001. Teaches basic evangelization and how to share the Catholic faith. (Amazon)

Surprised by Truth (also Surprised by Truth 2 and 3) by Patrick Madrid. Published by Basilica Press, 1994 Tells the story of several different recent converts to Catholicism and their reasons for joining the Church. (Amazon)

Mary:

Hail, Holy Queen by Scott Hahn. Published by Doubleday, 2001. A convert to Catholicism explains the Church's background and beliefs behind the veneration of Mary. (Catholic Answers)

Sacraments:

Basic Helps to Confession by Fr. Bill Murphy. Published by Pauline Books and Media, 2000. Short and concise answers to many of the tough questions concerning Confession. Available at www.leafletonline.com

Letter and Spirit: From Written Text to Living Word in the Liturgy by Scott Hahn. Published by Doubleday, 2005. Explains how the Bible is at the heart of the Catholic Church and the Sacraments. (Amazon)

Swear to God: The Promise and Power of the Sacraments by Scott Hahn. Published by Doubleday, 2004. Excellent teachings on the Sacraments. (Amazon)

The Lamb's Supper by Scott Hahn. Published by Doubleday, 1999. Using the Book of Revelation, Scott Hahn explains the biblical background behind each part of the Catholic Mass. (Amazon)

Church Information:

Catechism of the Catholic Church Published by Image, Doubleday, 1997. Complete teachings and beliefs of the Catholic Church. (Amazon)

National Directory for Catechesis Published by USCCB Publishing, 2005. The American Bishops describe how we are all involved in catechesis and how to share the faith. Summary and Leader's Guide also available. Available in Spanish. (Amazon)

Untied States Catholic Catechism for Adults Published by USCCB Publishing, 2006. An easy way to study the teachings in the Catechism. Study Guide and Journal also available. (Amazon)

Compendium of the Catechism of the Catholic Church Published by USCCB Publishing, 2005. A

concise version of the Catechism released by the Vatican. (Amazon)

Compendium of the Social Doctrine of the Church Published by USCCB Publishing, 2005. A concise teaching of the Catholic Church's stand on the moral issues of today. Written by the Pontifical Council for Justice and Peace. (Amazon)

Father McBride's College Catechism: Forging Faith on College Campuses by Alfred McBride, O. Praem. Published by Our Sunday Visitor, 2000. Based on the Catechism of the Catholic Church, explains Church teachings for college students. (Catholic Company)

The Resilient Church: The Glory, the Shame, and the Hope for Tomorrow by Mike Aquilina. Published by Word Among Us Press, 2007. Short glimpses of Church History from the time of Christ to today inspire us to live and fight for our faith. (Amazon)

Books especially for Youth:

The Catholic Youth Bible Revised Published by St. Mary's Press, 2005. Youth Bible including articles for Catholic teens on how to live the faith. (Amazon)

Fireside Catholic Youth Bible Published by Fireside Catholic Publishing, 2004. Includes 5 sections of articles on issues youth face, and on Church teachings. (Amazon)

Did Adam & Eve Have Belly Buttons? by Matthew J. Pinto. Published by Saint Joseph Communications, 2002. Answers 200 questions from teenagers concerning the Catholic Church. Excellent. (Amazon)

Did Jesus Have a Last Name? (and 199 Other Questions from Catholic Teenagers) by Matthew J. Pinto and Jason Evert. Published by Ascension Press, 2005. Sequel to "Did Adam and Eve Have Belly Buttons?" Answers 200 more questions concerning the Catholic Church. (Amazon)

Pillar of Fire, Pillar of Truth by Catholic Answers. Published by Catholic Answers, Inc., 1997. Explains the truth of the Catholic Church and answers common objections in concise language for teens. (Catholic Answers)

Ask the Bible Geek: Answers to Questions from Catholic Teens by Mark Hart. Published by Charis Books, 2003. Tough life questions from teens are answered based on Scripture and Catholic tradition. (Amazon)

CATECHETICAL REFERENCES

HOLY SACRIFICE OF THE MASS – References from the Catechism of the Catholic Church (CCC)

LITURGY of the MASS

- 1163: "Holy Mother Church believes that she should celebrate the saving work of her divine Spouse in a sacred commemoration on certain days throughout the course of the year... [including but not limited to]: once each week (on the Lord's Day), once every year at Easter... and throughout the course of the year [to recall] the mysteries of the redemption.
- 1343: It was above all on "the first day of the week", Sunday, the day of Jesus' resurrection, that the Christians met "to break bread" (Acts 20:7). From that time on down to our own day the celebration of the Eucharist has been continued so that today we encounter it everywhere in the Church with the same fundamental structure. It remains the center of the Church's life.
- 1166: "By a tradition handed down from the apostles which took its origin from the very day of Christ's Resurrection, the Church celebrates the Paschal Mystery every 7th day, which day is appropriately called the Lord's Day or Sunday" (SC 106). The Lord's Supper is its center, for there the whole community of the faithful encounters the Risen Lord who invites them to His banquet.
- 1172, 1173: "In celebrating this annual cycle of the mysteries of Christ, Holy Church honors the Blessed Mary, Mother of God...[as well as the] martyrs and other saints ... [proposing]

- them to the faithful as examples who draw all men to the Father through Christ, and through their merits she begs for God's favors" (SC 103, 104, 108, 111).
- 1161: All the signs in the liturgical celebrations are related to Christ: as are sacred images of the Holy Mother of God and of the saints as well. They truly signify Christ, who is glorified in them. They make manifest the "cloud of witnesses" (Hebrews 12:1) who continue to participate in the salvation of the world and to whom we are united, above all in sacramental celebrations.
 - 1136: Liturgy is an "action" of the whole Christ (*Christus totus*). Those who even now celebrate it without signs are already in the heavenly liturgy, where celebration is wholly communion and feast. [Those] who take part in the service of the praise of God and the fulfillment of His plan [include]: the heavenly powers, all creation, the servants of the Old and New Covenants (the 24 elders), the new People of God (the 144,000), especially the martyrs "slain for the Word of God", and the all-holy Mother of God (the Woman), the Bride of the Lamb, and finally "a great multitude which no one could number, from every nation, from all tribes, and peoples, and tongues" (taken from the book of Revelation, chapters 4-7, 14, 21, and the book of Isaiah chapter 6).
 - 1370, 1371: To the offering of Christ are united not only the members still here on earth, but also those already in the glory of heaven.... [and] the faithful departed who "have died in Christ but are not yet wholly purified" (Council of Trent).
 - 1140: It is the whole community, the Body of Christ united with its Head, that celebrates. "Liturgical services are not private functions but are celebrations of the Church...". For this reason "rites which are meant to be celebrated in common, with the faithful present and actively participating, should as far as possible be celebrated in that way rather than by an individual and quasi-privately".
 - 1142: But "the members do not all have the same function" (Romans 12:4). Certain members are called by God, in and through the Church, to a special service of the community. These servants are chosen and consecrated by the sacrament of Holy Orders, by which the Holy Spirit enables them to act in the person of Christ the Head.... Since it is in the Eucharist that the bishop's ministry is most evident, as well as, in communion with him, the ministry of priests and deacons.
 - 1369: The whole Church is united with the offering and intercession of Christ. Since He has the ministry of Peter in the Church, the Pope is associated with every celebration of the Eucharist, wherein he is named as the sign and servant of the unity of the universal Church. The bishop of the place is always responsible for the Eucharist, even when a priest presides; the bishop's name is mentioned to signify his presidency over the particular church, in the midst of his presbyterium and with the assistance of deacons. The community intercedes also for all ministers who, for it and with it, offer the Eucharistic sacrifice: Let only that Eucharist be regarded as legitimate, which is celebrated under [the presidency of] the bishop or him to whom he has entrusted it. (St. Ignatius of Antioch, *Ad Smyrn.* 8.1, SCh 10, 138)
 - 1144: In the celebration of the sacraments, it is thus the whole assembly that is *leitourgos*, each according to his function, but in the "unity of the Spirit" who acts in all. "In liturgical celebrations each person, minister of layman, who has an office to perform, should carry out *all* and *only* those parts which pertain to his office by the nature of the rite and the norms of the liturgy" (SC 28).

LITURGY of the WORD

- 1154: The Liturgy of the Word is an integral part of sacramental celebrations.
- 1153: A sacramental celebration is a meeting of God's children with their Father, in Christ and the Holy Spirit; this meeting takes the form of a dialogue, through actions and words. Admittedly, the symbolic actions are already a language, but the Word of God and the response of faith have to accompany and give life to them, so that the seed of the Kingdom can bear its fruit in good soil. The liturgical actions signify what the Word of God expresses: both its free initiative and His people's response of faith.
- 1384: The Lord addresses an invitation to us, urging us to receive Him in the sacrament of the Eucharist: "Truly, I say to you, unless you eat the flesh of the Son of Man and drink His blood, you have no life in you" (Jn 6:53).

- 1385: To respond to this invitation we must prepare ourselves for so great and so holy a moment. St. Paul urges us to examine our conscience: "Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of profaning the body and blood of the Lord. Let a man examine himself, and so eat of the bread and drink of the cup. For any one who eats and drinks without discerning the body eats and drinks judgment upon himself" (1Cor 11: 27 – 29). Anyone conscious of a grave sin must receive the sacrament of Reconciliation before coming to communion.
- 1386: Before so great a sacrament [the Eucharist], the faithful can only echo humbly and with ardent faith the words of the Centurion: "*Domine, non sum dignus ut inters sub tectum meum, sed tantum dic verbo, et sanabitur anima mea*" ("Lord, I am not worthy that you should enter under my roof, but only say the word and my soul will be healed"). (Roman Missal, response to the invitation to communion; Mt 8:8).

LITURGY of the EUCHARIST

- 1419: Having passed from this world to the Father, Christ gives us in the Eucharist the pledge of glory with Him. Participation in the Holy Sacrifice identifies us with His Heart, sustains our strength along the pilgrimage of this life, makes us long for eternal life, and unites us even now to the Church in heaven, the Blessed Virgin Mary, and all the saints.
- 1322: The Holy Eucharist completes Christian initiation.
- 1327: In brief, the Eucharist is the sum and summary of our faith.
- [Titles for the Liturgy include]: Eucharist, The Lord's Supper, The Breaking of the Bread, Eucharistic assembly (synaxis), the memorial of the Lord's Passion and Resurrection, the Holy Sacrifice, the Holy Sacrifice of the Mass, sacrifice of praise, spiritual sacrifice, pure and holy sacrifice, the Holy and Divine Liturgy, Holy Communion, and most commonly called Holy Mass (Missa) because the liturgy in which the mystery of salvation is accomplished concludes with the sending forth (mission) of the faithful, so that they may fulfill God's will in their daily lives. (CCC 1328 – 1332).
- 1373: "Christ Jesus... is present in many ways to His Church" (Romans 8:34, cf LG 48)... "most especially in the Eucharistic species" (SC 7).
- 1374: The mode of Christ's presence under the Eucharistic species is unique... and raises the Eucharist above all the sacraments as "the perfection of the spiritual life and the end to which all the sacraments tend" (St. Thomas Aquinas, STh III, 73, 3c). In the most blessed sacrament of the Eucharist "the body and blood, together with the soul and divinity, of our Lord Jesus Christ and, therefore, *the whole Christ, is truly, really, and substantially contained*" (Council of Trent). This presence is called 'real' – by which is not intended to exclude other types of presence as if they could not be 'real' too, but because it is presence in the fullest sense: that is to say, it is a substantial presence by which Christ, God and man, makes Himself wholly and entirely present" (Paul VI, MF 39).
- 1375: It is by conversion of the bread and wine into Christ's body and blood that Christ becomes present in this sacrament. The Church fathers strongly affirmed the faith of the Church in the efficacy of the Word of Christ and of the action of the Holy Spirit to bring about this conversion. Thus St. John Chrysostom declares: It is not man that causes the things offered to become the Body and Blood of Christ, but He who was crucified for us, Christ Himself. The priest, in the role of Christ, pronounces these words, but their power and grace are God's.
- 1376: The Council of Trent summarizes the Catholic faith by declaring: "Because Christ our Redeemer said it was truly His Body that He was offering under the species of bread, it has always been the conviction of the Church of God, and this holy Council now declares again, that by the consecration of the bread and wine there takes place a change of the whole substance of the bread into the substance of the body of Christ our Lord and of the whole substance of the wine into the substance of His blood. This change the holy Catholic Church has fittingly and properly called transubstantiation (Council of Trent [1551]: DS 1642; cf Mt 26:26, Mk 14:22, Lk 22:19, 1 Cor 11:24).
- 1377: Christ is present whole and entire in each of the species and whole and entire in each of their parts, in such a way that the breaking of the bread does not divide Christ (Cf Council of Trent: DS 1641).
- 1394: As bodily nourishment restores lost strength, so the Eucharist strengthens our charity, which tends to be weakened in daily life; and this living charity wipes away venial sins (Cf. Council of Trent).

- 1395: By the same charity that it enkindles in us, the Eucharist preserves us from future mortal sins. The more we share the life of Christ and progress in His friendship, the more difficult it is to break away from Him by mortal sin. The Eucharist is not ordered to the forgiveness of mortal sins – that is proper to the sacrament of Reconciliation. The Eucharist is properly the sacrament of those who are in full communion with the Church.
- 1345: As early as the 2nd century we have the witness of St. Justin Martyr for the basic lines of the order of the Eucharistic celebration. They have stayed the same until our own day for all the great liturgical families. St. Justin wrote to the pagan emperor Antonius Pius (138 – 161) around the year 155, explaining what Christians did:

On the day we call the day of the sun, all who dwell in the city or country gather in the same place. The memoirs of the apostles and the writings of the prophets are read, as much as time permits. When the reader has finished, he who presides over those gathered admonishes and challenges them to imitate these beautiful things. Then we all rise together and offer prayers for ourselves... and for all others, wherever they may be, so that we may be found righteous by our life and actions, and faithful to the commandments, so as to obtain eternal salvation. When the prayers are concluded we exchange the kiss. Then someone brings bread and a cup of water and wine mixed together to him who presides over the brethren. He takes them and offers praise and glory to the Father of the universe, through the name of the Son and of the Holy Spirit and for a considerable time he gives thanks (in Greek: eucharistan) that we have been judged worthy of these gifts. When he has concluded the prayers and thanksgivings, all present give voice to an acclamation by saying "Amen". When he who presides has given thanks and the people have responded, those whom we call deacons give to those present the "eucharisted" bread, wine and water and take them to those who are absent.
- 1358: we must therefore consider the Eucharist as: thanksgiving and praise to the Father; the sacrificial memorial of Christ and His Body; and the presence of Christ by the power of His word and of His Spirit.
- 1387: To prepare for worthy reception of this sacrament, the faithful should observe the fast required in their Church (Cf CIC, can. 919). Bodily demeanor (gestures, clothing) ought to convey the respect, solemnity, and joy of this moment when Christ becomes our guest.
- 1390: Since Christ is sacramentally present under each of the species, communion under the species of bread alone makes it possible to receive all the fruit of Eucharistic grace. For pastoral reasons this manner of receiving Communion has been legitimately established as the most common form in the Latin rite. But "the sign of communion is more complete when given under both kinds, since in that form the sign of the Eucharistic meal appears more clearly"(GIRM 240). This is the usual form of receiving communion in the Eastern rites.

CHURCH

- 1181: A church... ought to be in good taste and a worthy place for prayer and sacred ceremonial" (PO 5; cf SC 122-127). In this "house of God" the truth and the harmony of the signs that make it up should show Christ to be present and active in this place (cf SC 7).
- 1183: The tabernacle is to be situated "in a most worthy place with the greatest honor" (Pope Paul VI, *Mysterium Fidei*: AAS [1965] 771). The dignity, placing, and security of the Eucharistic tabernacle should foster adoration before the Lord really present in the Blessed Sacrament of the altar (Cf. SC 128). The sacred chrism (*myron*), used in anointings as the sacramental sign of the seal of the gift of the Holy Spirit, is traditionally reserved and venerated in a secure place in the sanctuary. The oil of catechumen and the oil of the sick may also be placed there.
- 1184: The chair of the bishop (cathedra) or that of the priest "should express his office of presiding over the assembly and of directing prayer" (GIRM 271). The lectern (ambo): "The dignity of the Word of God requires the church to have a suitable place for announcing his message so that the attention of the people may be easily directed to that place during the Liturgy of the Word" (GIRM 272).
- 1185: A Church must have a place for the celebration of Baptism (baptistery) and for fostering remembrance of the baptismal promises (holy water font). A church [must also] require an appropriate place to receive penitents.
- [The Liturgy also contains many signs and symbols.]

- 1148: ...signs and symbols taken from the social life of man: washing and anointing, breaking bread, and sharing the cup can express the sanctifying presence of God and man's gratitude toward his Creator.

YOUTH LITURGY:

Taken from "Family, Laity, Women and Youth – "The Ministry of Prayer and Worship"
(<http://www.usccb.org/laity/youth/renewingpart3prayer%26worship.htm>)

- ⇒ promotes the authentic participation of youth in the liturgy;
- ⇒ attends to the diversity of cultures and ages in the assembly;
- ⇒ provides opportunities for creative prayer with adolescents in peer, family, and intergenerational settings;
- ⇒ promotes effective preaching of the word;
- ⇒ allows music and song to express the vitality of young people;
- ⇒ prepares the symbols and ritual actions with particular care for their visual dimensions;
- ⇒ develops the interpersonal and communal dimensions of the liturgy;
- ⇒ provides effective and intentional catechesis for liturgy, worship, and sacraments;
- ⇒ apprentices adolescents in liturgical ministries;
- ⇒ "All liturgy takes place within a cultural milieu and context. Respect for cultures and inclusion of native art, music, and expressions are visible components of vibrant worship. Parishes and schools can acknowledge adolescent faith issues at all liturgies in ways appropriate to the rites, provide opportunities for young people to be trained as liturgical ministers, schedule periodic youth event liturgies that are prepared with young people's input and assistance, and invite young people to help prepare the community liturgies."

EXPOSITION AND ADORATION OF THE BLESSED SACRAMENT

History of Eucharistic Adoration: (taken from The History of Eucharistic Adoration Development of Doctrine in the Catholic Church by John A. Hardon, S.J.) Until the end of the 11th century the Real Presence of Jesus in the Eucharist was taken for granted in Catholic belief. Common practice was to reserve this Miracle in the tabernacles of Catholic churches and religious communities. Pope Gregory VII then set forth a credo which was restated by Pope Paul VI's *Mysterium Fidei* (1965):

I believe in my heart and openly profess that the bread and wine placed upon the altar are, by the mystery of the sacred prayer and the words of the Redeemer, substantially changed into the true and life-giving flesh and blood of Jesus Christ our Lord, and that after the consecration, there is present the true body of Christ which was born of the Virgin and offered up for the salvation of the world, hung on the cross and now sits at the right hand of the Father, and that there is present the true blood of Christ which flowed from his side. They are present not only by means of a sign and of the efficacy of the Sacrament, but also in the very reality and truth of their nature and substance.

With this statement, the churches of Europe began a revival of Eucharistic Adoration, including processions of the Blessed Sacrament, acts of adoration, and devotion to the Blessed Sacrament reserved in the tabernacle. From the eleventh century on, devotion to the Blessed Sacrament reserved in the tabernacle became more and more prevalent in the Catholic world.

Eucharistic Adoration: (Taken from Pocket Catholic Dictionary, Published by Doubleday, © 1980)

- Eucharistic Adoration is adoration of the Real Presence of Jesus Christ in the Holy Eucharist (introduced in the 14th century under the influence of the newly established feast of Corpus Christi). In the ceremony, a priest or deacon removes the Sacred Host from the tabernacle and places it in the lunette of the monstrance and then on to the altar for adoration. In public exposition the Sacred Host is placed in the lunette of the monstrance and elevated so that all adorers can see it. Any good cause is reason for private adoration.

- Public exposition of the Blessed Sacrament requires a period of adoration, in private or public with prescribed hymns and prayers, as well as the blessing with the monstrance.
- Benediction is a Eucharistic devotion in the Catholic Church of the Latin Rite, begun in the 14th century. In its traditional form, a priest, vested in surplice, stole, and cope, places the Consecrated Host contained in the monstrance on the altar, and then incenses it. O Salutaris Hostia (O Saving Victim) or similar hymn is usually sung at the beginning of exposition, followed by a period of meditation, praise, and adoration. At the conclusion of the ceremony the Tantum Ergo (Down in Adoration Falling) hymn is chanted, with another incensation, and followed by blessing the people with the raised monstrance in the form of a cross. During the blessing the priest wears the humeral veil covering his hands; a small bell may be rung at this time. The Divine Praises are then sung or recited, and the Blessed Sacrament is reposed in the tabernacle. *(Taken from Pocket Catholic Dictionary, Published by Doubleday, © 1980)*
- Processions are public acts of homage to God (dating back to Old Testament times) in which clergy and people journey from one place to another. They may be held within a church, between churches, or outside a church or shrine. *(Taken from Pocket Catholic Dictionary, Published by Doubleday, © 1980)*

SCRIPTURE REFERENCES ON THE GIFTS OF THE HOLY SPIRIT

Scripture References for the Sanctifying Gifts of the Holy Spirit:

(Taken from "Adopted Sons and Daughters" by Bishop Sam Jacobs, The Church Today, June 17, 1998)

Wisdom: the grace to see things from God's perspective. Paul expressed it this way: "There is to be sure a certain wisdom which we express among the spiritually mature... What we utter is God's wisdom... God has revealed this wisdom to us through the Spirit. The Spirit scrutinizes all matters..." (1 Corinthians 2:6 – 11)

Knowledge: enables us to know God in a personal way. In the Scriptures there is a distinction between knowing about someone through study and reflection and knowing the person from personal experiences and intimacy. Peter expressed the gift of knowledge from the Spirit when he acknowledged that Jesus was the Messiah (Matthew 16:17).

Understanding: enables us to come to a greater grasp and awareness of the revealed word of God. It is one thing to come to a faith acceptance of the Eucharist; it is another to begin to understand even in a limited way the love of God and the desire of our heart to respond to this gift of God's love in the intimate gift of His Body and Blood. Where faith enables us to say: My Lord and my God, understanding gifts us to appreciate God's love shown us in the great mystery of the Eucharist and to return love for love.

Counsel: Jesus said that He would give us another Counselor to guide us in the journey leading to eternal life (John 14:16). The Spirit gives us the insight we need to discern God's plan for us, and gives us peace with that decision. Even when others disagree with our decision, the Spirit gives us consolation that we have made the right decision. After praying all night, Jesus chose the twelve as His Apostles (Luke 6: 12, 13).

Fortitude/Courage/Strength: Sometimes it is not enough to know the ways of the Lord – we need the strength, beyond our human ability, to carry out the way of the Lord. Paul's words reflect this reality: "Never be ashamed of your testimony to our Lord... but with the strength which comes from God bear your share of the hardship which the Gospel entails" (2 Timothy 1:8).

Piety: empowers us to grow in our relationship with God through devoted and committed prayer. It is the gift to enter in to the presence of God and to be content to be for Him, whether there is consolation or not. It is the prayer which is lived out in doing the will of God at all costs. Joseph was considered to be a just and pious man. His real devotion to God came when he took Mary as his wife, even though his human intentions were favoring another position.

Fear of the Lord: Through this grace from the Holy Spirit one has a right awareness of the awesomeness of God. This gift of the Spirit calls one to respond to the person of God with holy fear and reverence. Like Moses, we need to take our shoes off at the experience

of the burning bush because the ground we are on is holy (Exodus 3:5, 6). To begin this journey of transformation the Scripture says: "The beginning of wisdom is fear of the Lord" (Proverbs 9:10). Fear of the Lord is the gift of God to be a child before our Heavenly Father. With childlike respect, reverence, awe, and trust one can approach God, knowing one's unworthiness, while at the same time knowing God's tremendous love for each one.

GIFTS OF THE HOLY SPIRIT EXPLANATION

Pope John XXIII prayed, "Come Holy Spirit as in a new Pentecost." The Holy Spirit responded by moving among the people of the Catholic Church in a way that is exciting and powerful, but not necessarily new. Read 1 Corinthians 12. Ever since the early Church, the Holy Spirit has been poured out on Christians in the sacrament of baptism. The ways the Holy Spirit manifests Himself are vast. We have already looked at the seven gifts listed in Isaiah. There are many other ways in which the Holy Spirit empowers His people.

"To each individual the manifestation of the Spirit is given for some benefit." 1 Cor. 12: 7
The gifts just listed are given primarily to build the life of the Church (although the gift of tongues builds an individual's own prayer life). The gifts are given as God sees necessary and will pass away with this life (i.e. there is no need for the gift of prophecy in heaven; we will speak to God face-to-face).

Some gifts listed in 1 Corinthians 12 are:

Words of wisdom:

This is related to the gifts of wisdom and counsel—God may give the gift of saying the right words in a particular situation.

Words of knowledge:

God may give the gift of knowing how another person needs prayer.

Gift of faith:

Related to the virtue of faith given at baptism, an individual receives a special grace to believe in God and the truths of the Catholic faith.

Healing gifts:

The gift to pray with another for emotional or physical healing

Miracles:

A manifestation of God's power and love beyond natural means.

Prophecy:

God uses an individual to speak on His behalf to another individual or to a group by giving them the words to say.

Discernment of spirits:

The gift to be able to discern or recognize if what is happening in particular situation is from the Lord, from the flesh or from the devil.

Tongues:

One of the most common spiritual gifts is often the first gift given. Tongues is a gift of prayer in a different language. Those praying in tongues do not know what they are saying, only that they are praising God. "In the same way, the Spirit too comes to the aid of our weakness; for we do not know how to pray as we ought, but the Spirit itself intercedes with inexpressible groanings" (Romans 8:26).

Interpretation of tongues:

God may give a gift of interpreting some tongues for the sake of giving a message to the group.

"But one and the same Spirit produces all of these, distributing them individually to each person as He wishes." 1 Cor. 12:11

CATECHISM REFERENCES FOR THE GIFTS OF THE HOLY SPIRIT:

CCC #768: So that she can fulfill her mission, the Holy Spirit "bestows upon [the Church] varied... gifts." Henceforward the Church, endowed with the gifts of her founder and faithfully observing His precepts..., receives the mission of proclaiming and establishing among all

peoples the Kingdom of Christ and of God, and she is on earth the seed and the beginning of that kingdom."

CCC #799: ... charisms are graces of the Holy Spirit which directly or indirectly benefit the Church, ordered as they are to her building up, to the good of men, and to the needs of the world.

CCC #800, 801: Charisms are to be accepted with gratitude by the person who receives them and by all members of the Church... They are a wonderfully rich grace for the apostolic vitality and for the holiness of the entire Body of Christ, provided they really are genuine gifts of the Holy Spirit and are used in full conformity with authentic promptings of this same Spirit. It is in this sense that discernment of charisms is always necessary. No charism is exempt from being referred and submitted to the Church's shepherds. "Their office [is] not indeed to extinguish the Spirit, but to test all things and hold fast to what is good", so that all the diverse and complementary charisms work together "for the common good".

See: **Scripture References on Gifts of the Holy Spirit**, pages 11-12

SCRIPTURE REFERENCES ON EXPRESSIVE PRAISE

Clapping your hands: "All you peoples clap your hands, shout to God with cries of gladness..." (Psalm 47:2)

Lifting your arms toward heaven: "Lift up your hands toward the sanctuary, and bless the Lord." (Psalm 134:2)

Dancing before the Lord: "Then David, girt with a linen apron, came dancing before the Lord with abandon..." (2 Samuel 6:14)

Praising Him with expressive music: "Praise Him with the blast of the trumpet, praise Him with the lyre and harp..." (Psalm 150:3)

Glorifying the Lord with a loud voice: "All you peoples... shout to God with cries of gladness..." (Psalm 47:2)

CATECHISM OF THE CATHOLIC CHURCH REFERENCES ON EXPRESSIVE PRAISE

CCC #2700 Through his Word, God speaks to man. By words, mental or vocal, our prayer takes flesh. Yet it is most important that the heart should be present to him to whom we are speaking in prayer: "Whether or not our prayer is heard depends not on the number of words, but on the fervor of our souls."² (St. John Chrysostom)

CCC #2701 Vocal prayer is an essential element of the Christian life. To his disciples, drawn by their Master's silent prayer, Jesus teaches a vocal prayer, the Our Father. He not only prayed aloud the liturgical prayers of the synagogue but, as the Gospels show, he raised his voice to express his personal prayer, from exultant blessing of the Father to the agony of Gethsemani.³ (Matt. 11:25-26, Mark 14:36)

CCC #2702 The need to involve the senses in interior prayer corresponds to a requirement of our human nature. We are body and spirit, and we experience the need to translate our feelings externally. We must pray with our whole being to give all power possible to our supplication.

CCC #2703 This need also corresponds to a divine requirement. God seeks worshippers in Spirit and in Truth, and consequently living prayer that rises from the depths of the soul. He also wants the external expression that associates the body with interior prayer, for it renders him that perfect homage which is his due.

CCC #2704 Because it is external and so thoroughly human, vocal prayer is the form of prayer most readily accessible to groups. Even interior prayer, however, cannot neglect vocal prayer. Prayer is internalized to the extent that we become aware of him "to whom we speak."⁴ St. Teresa of Jesus, *The Way of Perfection*. Thus vocal prayer becomes an initial form of contemplative prayer.

Baptism in the Holy Spirit:

The "Baptism in the Holy Spirit" refers to prayer for a fuller release of the Holy Spirit in one's life. It leads to a more fervent and effect living of the Christian life in the fuller release of the gifts received at baptism and confirmation. (Acts 1:5)

SECTION II – COMPREHENSIVE RESOURCE SECTION

Grow in the Faith

Encyclicals and Other Church Documents:

These are letters written by popes to the Church on different subjects. There are many pertaining to the varied elements of the Catholic Church. Those listed below can be found on the Vatican web-site, www.vatican.va. All other encyclicals may be found on the Vatican site, as well.

Deus Caritas Est (God Is Love) by Benedict XVI. Published by Ignatius Press, 2006. (Amazon)

Spe Salvi (Saved in Hope) by Benedict XVI. Published by Ignatius Press, 2008. (Amazon)

Catechesi Tradendae (On Catechesis in Our Time) by John Paul II. Available at www.vatican.va

Casti Connubii (Christian Marriage) by Pius XI. Published by Pauline Books and Media, 1955, 2001.

Dives in Misericordia (On the Mercy of God) by John Paul II. Available at www.vatican.va

Dominum et Vivificantem (On the Holy Spirit) by John Paul II. Available at www.vatican.va

Ecclesia de Eucharistia (On the Eucharist in Its Relationship to the Church) by John Paul II. Published by Pauline Books and Media, 2003.

Evangelium Vitae (The Gospel of Life) by John Paul II. Published by Pauline Books and Media, 1995.

Familiaris Consortio (The Christian Family in the Modern World) by John Paul II. Published by Pauline Books and Media.

Letter of Pope John Paul II to Women. Published by Pauline Books and Media.

Letter to Families from Pope John Paul II 1994 Year of the Family. Published by Pauline Books

and Media, 1994.

Novo Millennio Ineunte (At the Beginning of the New Millennium) by John Paul II. Published by Pauline Books and Media, 2001.

Redemptoris Mater (Mother of the Redeemer) by John Paul II. Published by Pauline Books and Media.

Rosarium Virginis Mariae (On the Most Holy Rosary) by John Paul II. Published by Pauline Books and Media, 2002.

Ut Unim Sint (On Commitment to Ecumenism) by John Paul II. Published by Pauline Books and Media, 1995.

Veritatis Splendor (Splendor of Truth) by John Paul II. Published by Pauline Books and Media.

Vatican Council II: The Conciliar and Post Conciliar Documents by Austin Flannery, ed. Published by Costello Publishing Company, 1987. (Amazon)

Web-Sites:

www.ewtn.com

This Site: Eternal Word Television Network site. Q&A about the faith, Church documents, devotionals, links, and access to Catholic radio and television through the web.

www.catholic.org/saints

This Site: Catholic Online Saints and Angels. Great source of information on the saints.

www.catholicexchange.com

This Site: Catholic resources for evangelization. Articles on many life issues. Great links and media references.

www.virtualrosary.org

This Site: Free program to download. Helps you learn the Rosary with scriptures, pictures, etc.

Web-Sites Especially for Youth:

www.lifeteen.com

This Site: Official Life Teen site. Excellent youth oriented Catholic site.

www.omegarock.com

This Site: Access to Catholic youth radio. Good links and helplines page.

www.steubenvillesouth.com

This Site: Steubenville South conference home page. Resources and links for youth.

www.nextwavefaithful.com

This Site: For Catholic youth and young adults. Great articles on how to deal with life's daily situations and how to share your faith with friends. Excellent links page for special needs at www.nextwavefaithful.com/help.asp

Books:

Peace Is My Gift by Dr. Christy Gootee. Published by Two Hearts Gospel Ministry, 1992. Excellent book on inner healing. (Steubenville South)

The Courage to Be Catholic: Crisis, Reform, and the Future of the Church by George Weigel. Published by Basic Books, 2002. Explains what true Catholicism is and how to live it in the world today. (Amazon)

The New Faithful: Why Young Adults Are Embracing Christian Orthodoxy by Colleen Carroll. Published by Loyola Press, 2002. Explores Generation X's return to Christianity in America by talking with young adults. (Amazon)

Rediscovering Catholicism by Matthew Kelly. Published by Our Sunday Visitor, 2003. An inspiring and joyful guide to embracing your Catholic faith and putting it into practice in every area of your life. (Amazon)

The Virtue Driven Life by Fr. Benedict Groeschel. Published by Our Sunday Visitor, 2006. How to practice virtues in everyday life and situations. (Amazon)

Return of the Prodigal Son: A Story of Homecoming by Henri J. M. Nouwen. Published by Image Books, 1994. A message of God's unconditional love and forgiveness. (Amazon)

Jesus of Nazareth by Pope Benedict XVI. Published by Doubleday, 2007. Our Holy Father's first book since becoming pope is easy to read and will make you fall even deeper in love with Christ. (Amazon)

The Apostles by Pope Benedict XVI. Published by Our Sunday Visitor, 2007. An easy to read study on the twelve men who followed Jesus. (Amazon)

The God Who Loves You: Love Divine, All Loves Excelling by Peter Kreeft. Published by Ignatius Press, 2004. Help on remembering and understanding just how loving our God is. (Amazon)

Life Work: Finding Your Purpose in Life by Rick Sarkisian. Published by Ignatius Press, 1997. How to hear God's call and make the life choices He has planned for us. (Amazon)

Blessed Are the Bored in Spirit: A Young Catholic's Search for Meaning by Mark Hart. Published by Servant Publications, 2006. The "Bible Geek" writes about his cradle Catholic experiences and conversion into the deeper life of the Church. (Amazon)

The Temperament God Gave You: The Classic Key to Knowing Yourself, Getting Along with Others, and Growing Closer to the Lord by Art and Laraine Bennett. Published by Sophia Institute Press, 2005. An understandable and Catholic explanation of the four temperaments and how to use your temperament to grow in holiness. (Amazon)

A Father Who Keeps His Promises – God's Covenant Love in Scripture by Scott Hahn. Published by Servant Publications, 1998. Using characters from the Bible, this book explains in depth God's love for us. (Amazon)

Life of the Beloved: Spiritual Living in a Secular World by Henri J. M. Nouwen. Published by Crossroad General Interest, 2002. A beautiful reminder that we are Christ's Beloved. (Amazon)

God Help Me! This Stress Is Driving Me Crazy: Finding Balance Through God's Grace by Gregory Popcak. Published by Loyola Press, 2003. Tools to dealing with anxiety through God's love. (Amazon)

What Does God Want? A Practical Guide to Making Decisions by Fr. Michael Scanlan. Published by Our Sunday Visitor, 1996. Tools for discerning God's will in our life decisions. (Amazon)

Prayer:

An Hour with Jesus. Published by Queenship Publishing, 2000. Prayer formats and meditations for spending an hour with the Blessed Sacrament. (Amazon)

Prayer: The Great Conversation – Straight Answers to Tough Questions on Prayer by Peter Kreeft. Published by Ignatius Press, 1991. The title speaks for itself. Written in a dialogue format. (Amazon)

Hungry for God: Practical Help in Personal Prayer by Ralph Martin. Published by Servant

Publications, 2006. Martin shares his own search for God and relates to the fears and hopes that we all have. (Amazon)

Miracle Hour: A Method of Prayer That Will Change Your Life by Linda Schubert. Published by Linda Schubert, 1997. A short booklet that teaches prayer in 5 minute increments up to an hour. (www.linda-schubert.com)

Fire Within by Thomas Dubay. Published by Ignatius Press, 1989. Using St. Theresa of Avila, St. John of the Cross, and the Gospel, this book explains how to go deeper into personal prayer. (Amazon)

Appointment with God by Fr. Michael Scanlan. Published by Franciscan University Press, 1987. Step by step practical advise on how to begin a prayer life. (Amazon)

Women:

Full of Grace: Women and the Abundant Life by Johnnette S. Benkovic. Published by Charis Books, 1998. Becoming a godly woman through the example of Mary and holy women throughout Church history. (Amazon)

Bravehearts: Unlocking the Courage to Love with Abandon by Sharon Hersch. Published by WaterBrook Press, 2000. For every woman who wants more from her relationships. Learn how to embrace the life that God created you to live. (Amazon)

The Authentic Catholic Woman by Genevieve Kineke. Published by Servant Publications, 2006. Living as a Catholic woman today and the beauty of femininity. (Amazon)

The Privilege of Being a Woman by Alice von Hildebrand. Published by Veritas Press of Ave Maria, 2002. Comparisons between the world's feminist teachings and God's true plan for femininity. (Amazon)

Big Girls Don't Whine: Getting on with the Great Life God Intends by Jan Silvius. Published by Thomas Nelson, 2003. Advice on how to be a mature Christian woman as a friend, wife, and mother. (Amazon)

Men:

Not Your Average Joe: The Real St. Joseph and the Tools for Real Manhood in the Home, the Church, and the World by Rick Sarkisian. Published by Lifework Press, 2005. Learn about the life of St. Joseph and authentic manhood. (Amazon)

Christian Fatherhood by Stephen Wood and James Burnhan. How to be a Christian father after the model of St. Joseph. Published by Family Life Center Publications, 1997.

Family:

Father McBride's Family Catechism: Based on the Catechism of the Catholic Church by Fr. Alfred McBride, O. Praem. Published by Our Sunday Visitor, 1998. Help for the family to apply the Catechism to daily life. (Catholic Company)

First Comes Love: Finding Your Family in the Church and the Trinity by Scott Hahn. Published by Image Books, 2006. How to experience hope and healing in the Trinity and God's plan for the family. (Amazon)

Life-Giving Love: Embracing God's Beautiful Design for Marriage by Kimberly Hahn. Published by Charis Books, 2002. How to live an authentically Catholic marriage in the midst of today's tough issues and culture of death. (Amazon)

The Five Love Languages: How to Express Heartfelt Commitment to Your Mate by Gary Chapman. Published by Northfield Publishing, 1995. Explains how different persons receive love in different ways. (Amazon)

Fiction:

Pierced by a Sword by Bud Macfarlane. Published by Saint Jude Media, 1995. A Catholic novel that will jump start your prayer life and your relationship with Mary. (Available for a small donation at www.catholicity.com.)

Father Elijah by Michael D. O'Brien. Published by Ignatius Press, 1998. An apocalyptic novel centered around a Carmelite priest and the Vatican (also several other books in this series). (Amazon)

Mary:

The World's First Love by Fulton J. Sheen. Published by Ignatius Press, 1996. Fantastic and easy to read lessons on the person of Mary and Church teachings about her. (Amazon)

True Devotion to Mary by St. Louis de Monfort. Published by Tan Books and Publishers, 1985. Excellent book on how to become more devoted to Mary. (Amazon)

Saints:

Daily Readings in Catholic Classics edited by Rawley Meyers. Published by Ignatius Press, 1992. Excerpts from some of the great Catholic saints and writers. (Amazon)

Mother Teresa: In My Own Words by Mother Teresa. Published by Gramercy, 1997. A collection of prayers, thoughts, and stories by Mother Teresa. (Amazon)

Self Abandonment to Divine Providence by Fr. J. P. De Caussade. Published by TAN Books and Publishers, 1987. Learn how to trust in the Lord's plan and let go, no matter what the circumstances. (Amazon)

Uniformity with God's Will by St. Alphonsus de Ligouri. Published by TAN Books and Publishers, 1982. A short, easy read that is deep and challenging, inspiring the reader to place all hope in God's divine plan. (Amazon)

The Fulfillment of All Desire: A Guidebook for the Journey to God Based on the Wisdom of the Saints by Ralph Martin. Published by Emmaus Road Publishing, 2006. A book to help grow in holiness, it explains the purgative, illuminative, and unitive parts of the spiritual life by drawing from the writings of our Church's great saints. (Amazon)

The Spiritual Exercises of St. Ignatius by Anthony Mottola. Published by Image, 1964. Classic steps in discernment from the Church. (Amazon)

Dark Night of the Soul by St. John of the Cross. Published by Dover Publications, 2003. The saint explores not being able to feel God, but still remaining faithful to Him. (Amazon)

Introduction to the Devout Life by St. Francis de Sales. Published by Vintage, 2002. Step by step lessons on faith and following God. (Amazon)

Story of a Soul by St. Therese of Lisieux. Published by I C S Publications, 1996. In her autobiography, St. Therese shares her "little way" of loving God and others. (Amazon)

Diary of Saint Maria Faustina Kowalska: Divine Mercy in My Soul Published by Marian Press, 2005. True lessons on Christ's deep mercy and love for us. (Amazon)

Interior Castle by St. Teresa of Avila. Published by Dover Publications, 2007. Using the image of a castle with many rooms, St. Teresa explains how to become closer to God in prayer. (Amazon)

Imitation of Christ by Thomas A' Kempis. Published by Moody Publishers, 1984. Short lessons on deeper devotion to God. (Amazon)

Books Especially for Youth:

We're On A Mission from God by Mary Beth Bonacci. Published by Ignatius Press, 1996. The Generation X Guide to John Paul II, the Catholic Church, and the real meaning of Life. (Amazon)

Father McBride's Teen Catechism (Based on the Catechism of the Catholic Church) by Father Alfred McBride, O.Praem. Published by Good Will Publishers, Our Sunday Visitor, Inc., 1995. Explains the Catechism for teens. (Steubenville South)

Rocked by God by Fr. Dave Pivonka. Published by Franciscan University Press. Stories of conversion and experiences of God's grace from youth who attended a Steubenville Youth Conference. Available at www.franciscan.edu

Basic Spiritual Workout: A Guide to Christian Growth for Catholic Youth by Bob Rice. Published by Charis Books, 2003. Training in basic spiritual disciplines for Christian teens. Great for youth who have just had a powerful experience with the Lord. (Buy a used copy at Amazon)

Pure Faith: A Prayer Book for Teens by Jason Evert. Published by Catholic Answers, 2007. Teaches youth how to develop a lasting prayer life. Available at www.getfed.com

Audio:

Generation Y (Understanding Today's Culture) by Fr. Dave Pivonka, TOR. Set of talks on Generation Y (2 audio CDs). Available at www.franciscan.edu

There Is Freedom (Six Weeks to Greater Freedom) by Fr. Dave Pivonka, TOR. Set of talks on freedom in Christ (6 audio CDs). Available at www.franciscan.edu

Evangelizing Adults

Web-Sites:

www.radiomaria.us

This Site: Radio Maria Catholic radio station. Catholic based prayers, talk shows, and music. Listen to this station on the internet. Also Catholic news and archives.

Online Bible Study:

www.greatadventureonline.com

This Site: Information and ordering of materials for The Great Adventure Bible Timeline, a Catholic video seminar series through the Bible, developed by Jeff Cavins and Tim Gray.

Bible Studies:

Boys to Men: The Transforming Power of Virtue by Tim Gray and Curtis Martin. Published by Emmaus Road Publishing, Inc., 2001. Bible study on becoming a man of God. (Amazon)

Woman of Grace: A Bible Study for Married Women by Michealann Martin. Published by Emmaus Road Publishing, Inc., 2000. Applies Scripture and Church teaching to daily life. (Catholic Company)

Family Matters: Bible Study on Marriage and Family by Michaelann and Curtis Martin. Published by Emmaus Road Publishing, Inc., 2002. Gives keys to building a successful marriage and family life in the midst of anti-family culture. (Catholic Company)

CD Bible Study:

Women of Courage, Women of Hope Audio CD by Kimberly Hahn. Embrace the "Love that Casts Out Fear" through Catholic Women's Bible Study. 4 CD set. (Catholic Company)

Service/Social Justice

Here are some resources for getting involved in missions and services.

Web-Sites:

www.mustardseed.com

This Site: Mustard Seed Communities. Cares for the poor and uncared for, especially disabled and abandoned children.

www.fmcmissions.com

This Site: Family Missions Company. Catholic missionary community. Offers training and formation.

www.youngneighbors.org

This Site: Young Neighbors in Action. A week long service/learning experience for older teenagers and young adults. Includes Catholic Social Teaching and Scripture.

www.ipj-ppj.org

This Site: The Institute for Peace and Justice. Programs and resources for families, parents, and youth to promote peace and justice at home and around the world.

www.usccb.org/sdwp/

This Site: U.S. Catholic Bishops on Social Development and World Peace. Articles on the teaching of the Catholic Church on social justice, relating to contemporary and current issues.

www.usccb.org/cchd/youth.shtml

This Site: U.S. Catholic Bishops. Opportunities for youth and young adults to get involved in social justice projects and to raise awareness for social problems.

www.povertyusa.org

This Site: U.S. Catholic Bishops information on poverty in America and ways to get involved in helping end poverty.

www.catholiccharitiesusa.org

This Site: Association of social service networks and Catholic charities in the United States.

www.netusa.org

This Site: National Evangelization Teams: ministry by college age students to high school students around the nation.

www.heartworkcamp.com

This Site: Catholic Summer Camps for youth and young adults with in-depth service projects and learning about the Faith.

Media

Video:

www.pbs.org/wgbh/pages/frontline/shows/cool

This Site: Merchants of Cool Video. A study on the media's marketing to teens. Order the video on this site and get study guides. Also helpful interviews, etc.

Web-Sites:

www.ed.gov/parents/academic/help/adolescence/partx.html

This Site: A government article that explores how adolescents are affected by the media and what adults can do to promote good use of the media in young people's lives and avoid harmful media messages.

www.vatican.va/roman_curia/pontifical_councils/pccs/index.htm

This Site: The Vatican's Pontifical Council for Social Communications. Articles and letters exploring the Church and the media.

http://www.newadvent.org/library/docs_jp02tv.htm

This Site: Pope John Paul II's letter on Television and the Family.

<http://www.usccb.org/comm/renewingeng.shtml>

This Site: USCCB document: Bishops Issue Statement on Overcoming Violence and Sex in the Media.

Books:

Issues of Faith and Morals by Archbishop George Pell. Published by Ignatius Press, 1997.

Written for Catholic youth and college students to answer questions on the faith and explain Christian alternatives to false answers from media and advertising. (Catholic Company)

Mind Over Media by Stan Campbell and Randy Southern. Published by Tyndale House

Publishers, 2001. From Focus on the Family, speaks to teens about the good and bad of the media, and how to honor God with the media in our lives. (Christian Book Distributors)

Note on Internet use including statistics:

The Pope Encourages Use of Internet and Technology

VATICAN CITY (CNS) -- Pope John Paul II encouraged French bishops to use the Internet and new communications technology to reach young people with the Gospel message. While the new media tend to promote "a culture of the immediate and the ephemeral," the church cannot ignore them as potentially effective tools of evangelization, the pope said Feb. 13. He praised the bishops for setting up Web sites that offer formation and inspiration to young people, along with basic information about the church and its programs. The pope made his remarks to a group of bishops from southern France who were on their "ad limina" visits to the Vatican, made every five years. His talk focused on how the church can relate to young people and stimulate their interest. The pope said the church's efforts among the young are made more difficult by the troublesome social environment in modern Europe and by the fragile family situations in which many young people live. Courtesy: Catholic News Service

73% of US teenagers aged 12 – 17 use the internet (Study from Pew Internet and American Life Project).

The Internet is now the primary communication tool (more than the telephone) for US teenagers (CyberAtlas, 1/31/2002, reports on a new survey from AOL). Over 6,700 teens and parents were polled for the survey, which was carried out by Digital Market Services, a subsidiary of AOL. **81% of teenagers between the ages of 12 and 17 email friends and relatives**, while 70% use instant messaging (IM) applications to keep in touch. Older teens (aged 18 to 19) are even more likely to use the Net for communication. 91% use email and 83% use IM. 56% of respondents in this age group said **they preferred the Internet to the telephone.**

Most young people, as well as adults, wish to experience everything they can.

Worldly people know this, so they use every gimmick they can to get them to experience worldly things. The job of the youth minister is to give them as many "God experiences" as possible.

Using the internet can be an effective tool to accomplish this.

- Use email as reminders of due dates, or updates on events.
- Having a parish or diocesan website may also be effective. Remember that websites do not need to be expensive and extravagantly made in order to be effective.
- It may also be a good idea to include a website, webmaster, or information on building a website in your publicized list of needs.
- Youth can help adults with this.

Websites for specific issues (including depression, eating disorders, etc.) are provided in the Special Needs Section of this manual.

Youth Ministry

Web-Sites:

www.catholicyouth.org

This Site: For Catholic Youth Ministers. Resources and contacts, etc.

www.joyomin.com

This Site: Help from a youth minister who has some great ideas.

www.joshmcdowell.com

This Site: Center for Josh McDowell's ministries and links to online devotional and evangelizing youth.

Books:

The Catholic Faith Handbook for Youth Published by Saint Mary's Press, 2003. (Amazon)

Theology of the Body for Teens by Jason Evert. Published by Ascension Press, 2006. Leader's Guide also available. (Amazon)

Your First Two Years in Youth Ministry by Doug Fields. Published by Zondervan/Youth Specialties, 2002. (Amazon)

Purpose Driven Youth Ministry by Doug Fields. Published by Zondervan/Youth Specialties, 1998. (Amazon)

Renewing the Vision: A Framework for Catholic Youth Ministry by the USCCB. Published by the USCCB Office of Publishing, 1997. A booklet outlining the 8 components that every youth ministry should cover in teaching the Catholic faith to today's youth. (Steubenville South)

SECTION III – SPECIAL NEEDS SECTION

Abuse (Physical, Sexual, Emotional)

Phone Numbers:

1-800-4-A-CHILD (1-800-422-4453)

Childhelp USA National Child Abuse Hotline: 24 hr. service

1-800-999-9999

Covenant House Nineline: 24 hr. help for children and adolescents. Catholic based. Helps with abuse, suicide, runaways, and a variety of situations. www.covenanthouse.org

1-800-448-3000

Girls and Boys Town National Hotline: 24 hr. crisis, resource, and referral line. Catholic based. Helps with all crises. www.girlsandboystown.org/home.asp

Web-Sites:

www.childhelpusa.org

This Site: Covers all areas of child and teen abuse. Information and help, also on-line articles.

www.preventchildabuse.org

This Site: 5 steps to preventing abuse including risk factors, warning signs, and how to report abuse. Excellent list of links at www.preventchildabuse.org/help/report_abuse.shtml

www.ncap.org

This Site: Center for Assault Prevention (CAP). Provides sections on identifying abuse.

www.stopitnow.org

This Site: The Campaign to Stop Child Sexual Abuse site. Excellent site with Q & A, Warning Signs and Resource Guide. Also support for former abusers.

Books:

Beauty for Ashes: Receiving Emotional Healing by Joyce Meyer. Published by Warner Books, 2002. Well-known Christian author writes on recovery for women from sexual abuse. (Christian Book Distributors)

Creating Safe and Sacred Places (Identifying, Preventing, and Healing Sexual Abuse) by Gerald J. McGlone, PhD and Mary Schrader. Published by Saint Mary's Press, 2003. Excellent Catholic resource on explaining, healing, and preventing sexual abuse in the home, church, and world. (Amazon)

Helping Victims of Sexual Abuse: A Sensitive, Biblical Guide for Counselors, Victims and Families by Lynn Heitritter. Published by Bethany House Publishers, 1989. Christian and in-depth discussion on factors of sexual abuse and how to minister to victims of it. (Amazon)

Catholic Resources:

Web-Sites:

www.virtusonline.org

This Site: Virtus is a program set up by the National Catholic Risk Retention Group, Inc. This program is created to prevent wrongdoing within religious organizations in the Church, especially in regards to sexual abuse. The web-site offers a deeper explanation of Virtus, as well as excellent resources for reporting sexual abuse and accessing information, articles, and newsletters.

www.nfcym.org/youthprotection/index.htm

This Site: National Federation for Catholic Youth Ministry's (NFCYM) page on Youth Protection. Excellent Catholic resources and articles.

www.usccb.org/ocyp/charter.shtml

This Site: United States Conference of Catholic Bishops. Charter for the Protection of Children and Young People (revised edition) document.

Catechism references:

The Catholic Church's official teaching on sexual abuse to children can be found in the *Catechism of the Catholic Church*, section 2389.

The Catholic Church's official teaching on rape can be found in the *Catechism of the Catholic Church*, section 2356.

See also "Sexuality" Section for more resources.

Addiction

(Drugs, Alcohol, Sex, Pornography, etc.)

Phone Numbers:

1-800-662-HELP (1-800-662-4357)

Center for Substance Abuse Treatment (CSAT). Offers drug and alcohol information and will find treatment options in your state.

1-800-448-3000

Girls and Boys Town National Hotline: 24 hr. crisis, resource, and referral line. Catholic based. Helps with all crises. www.girlsandboystown.org/home.asp

1-800-583-2964

Victim Assistance HelpLine. Help for families and individuals hurt by pornography, sexual abuse, and sexual addiction. Open 9AM – 5PM, Eastern Standard Time. Will give referrals.

Drug/Alcohol:

Web Sites:

www.focusas.com/Alcohol.html

This Site: Adolescent alcohol abuse information. Lots of links and recommended resources.

www.focusas.com/SubstanceAbuse.html

This Site: Teen drug abuse information and treatment suggestions.

www.nationalyouth.com/substanceabuse.html

This Site: Symptoms, diagnosis, and treatment options.

www.drughelp.org

This Site: Excellent information on alcohol and drug abuse.

www.findtreatment.samhsa.gov

This Site: Locate treatment centers close to you from anywhere in the nation.

Books:

Drug-Proof Your Kids: A Prevention Guide and Intervention Plan by Stephen Arterburn and Jim Burns. Published by Focus on the Family, 1989. (Amazon)

Saying No Is Not Enough – Helping Your Kids Make Wise Decisions About Alcohol, Tobacco, and Other Drugs by Robert Schwebel, PhD. Published by Newmarket Press, 1998. (Amazon)

Addiction & Grace (Love and Spirituality in the Healing of Addictions) by Gerald G. May, M.D. Published by Harper Collins, 1988. (Amazon)

Catechism references:

The Catholic Church's official teaching on alcohol abuse and drug use can be found in the *Catechism of the Catholic Church*, sections 2290-2291.

Sexual Addiction/Pornography:

Web-Sites:

www.pornomore.com

This Site: Catholic site for sex addicts. Explains Catholic teachings on sexual sins including pornography and masturbation.

www.porn-free.org

This Site: Addresses sexual addiction and other sexual issues from a Christian point of view.

Books:

False Intimacy: Understanding the Struggle of Sexual Addiction by Harry W. Schaumburg. Published by Navpress, 1997. A Christian approach to recognizing and coping with sexual addiction. Includes cyber addiction and help for those with sexually addicted spouses. (Christian Book Distributors)

Don't Call It Love: Recovery from Sexual Addiction by Patrick Carnes, PhD. Published by Bantam, 1992. Includes scientific research on the addiction, help for recovery, and advice from former addicts. (Christian Book Distributors)

Coming Out of Sexual Addiction by Elisabeth A. Freeman. Published by 1stBooks Library, 2001. (Amazon)

Breaking Free: Understanding Sexual Addiction & the Healing Power of Jesus by Russell Willingham. Published by Intervarsity Press, 1999. Proactive, Christian steps to recovering from sexual addiction. (Christian Book Distributors)

See also the "Sexuality" section for more book resources.

Article:

"How Are You Responding to Your Teen's Exposure to Pornography?" An excellent article from Focus on the Family. Available at:

www.pureintimacy.org/cs/parents/restoration/a0000171.cfm

Catechism References:

The Catholic Church's official teaching on masturbation and pornography can be found in the *Catechism of the Catholic Church*, sections 2352 and 2354, respectively.

Church Documents:

"Blessed Are the Pure in Heart (A Pastoral Letter on the Dignity of the Human Person and the Dangers of Pornography)" by Bishop Robert W. Finn. Available at

<http://www.diocese-kcsj.org/Bishop-Finn/pastoral-07.htm>

"Pornography and Violence in the Communications Media – A Pastoral Response" Available at

www.vatican.va/roman_curia/pontifical_councils/pccs/documents/rc_pc_pccs_doc_07051989_pornography_en.html

Depression

Web-Sites:

www.mentalhealth.com/mag1/p51-dp01.html

This Site: "You asked about . . . Adolescent Depression". Answers practical questions and offers helpful suggestions about treatment.

www.self-esteem-nase.org/research.shtml

This site: Offers questions and answers on self-esteem and steps to building it, as well as information on how lack of self-esteem is linked to teenage issues.

www.med.nyu.edu/Psych/screens

This Site: Self-Tests for depression and other disorders.

Book:

Arise from Darkness: When Life Doesn't Make Sense by Fr. Benedict J. Groeschel, C.F.R.

Published by Ignatius, 1995. How to deal with fear, anxiety, grief, loss of a loved one, anger, and other troubles with a Christian response. (Ignatius)

Stumbling Blocks or Stepping Stones: Spiritual Answers to Psychological Questions by Fr.

Benedict J. Groeschel, C.F.R. Published by Paulist Press, 1987. Tools to healing and overcoming difficult life situations. (Amazon)

Catholic References:

An Address on Depression by Pope John Paul II – Available at

www.vatican.va/holy_father/john_paul_ii/speeches/2003/november/documents/hf_jp-ii_spe_20031114_pc-hlthwork_en.html

Eating Disorders

Web-Sites:

www.anred.com

This Site: Descriptions of different disorders. Statistics, Warning Signs, Background of disorders. Treatment and Recovery information. Also Obesity, Frequently Asked Questions, and Preventative Strategies.

www.healthy.net/asp/templates/article.asp?PageType=article&ID=1443

This Site: Good list of "Signs of . . .", Self Test Flow Chart, Self Care Procedures.

www.coun.uvic.ca/personal/eating-disorders.html

This Site: Signs and Symptoms of eating disorders. "What to do"s and "How to help a friend"

www.coun.uvic.ca/personal/overcoming-eating-disorders.html

This Site: Tips from persons who have recovered from eating disorders.

www.renfrew.org

This Site: Education, prevention, research and treatment of eating disorders.

Books:

Hope, Help, and Healing for Eating Disorders: A New Approach to Treating Anorexia, Bulimia, and Overeating by Dr. Gregory L. Jantz. Published by Shaw, 2002. (Christian Book Distributors)

Love to Eat, Hate to Eat: Breaking the Bondage of Destructive Eating Habits by Elyse Fitzpatrick. Published by Harvest House Publishers, Inc., 1999. Covers identifying destructive eating habits and breaking the vicious cycle of emotional eating through God's love and help. (Christian Book Distributors)

Love Hunger: Recovery from Food Addiction by Frank Minirth. Published by Ballantine Books, reissue 1991. Deals with overeating and food addiction, psychological reasons for eating, and breaking the addiction. (Amazon)

The Thin Disguise: Overcoming and Understanding Anorexia and Bulimia by Pam Vredevelt. Published by Thomas Nelson, 1992. Covers inner-healing with a focus on eating disorders. (Amazon)

When Your Child Has an Eating Disorder: A Step-by-Step Workbook for Parents and Other Caregivers by Abigail Natenshon. Published by Jossey-Bass, 1999. Help and info on anorexia, bulimia, binge eating, and obesity. (Amazon)

Grief

Web-Sites:

www.focusas.com/Grief.html

This Site: How to deal with adolescent grief.

www.aacap.org/publications/factsfam/grief.htm

This Site: Article on Children and Grief

Audio:

Ten Commandments of Grief Ministry by Richard Groves

Talk on how to help others cope with grief in a healthy way. Tips for training parish or ministry members to do "grief work" with those who have lost someone. May be purchased at <http://catalog.americancatholic.org>

Book:

Arise from Darkness: When Life Doesn't Make Sense by Fr. Benedict J. Groeschel, C.F.R.

Published by Ignatius, 1995. How to deal with fear, anxiety, grief, loss of a loved one, anger, and other troubles with a Christian response. (Ignatius)

Runaway Hotlines

1-800-621-4000 or 1-800-231-6946

National Runaway Switchboard. 24 hrs. www.nrscrisisline.org

1-800-448-3000

Girls and Boys Town National Hotline. 24 hrs. www.girlsandboystown.org/home.asp

1-800-THE-LOST (1-800-843-5678)

National Center for Missing and Exploited Children (NCMEC). Also to report child exploitation through pornography. 24 hrs. www.missingkids.com

1-800-999-9999

Covenant House Nineline. 24 hrs. www.covenanthouse.org

Self-Mutilation and Suicide**Phone Numbers:**

1-800-442-HOPE (1-800-442-4673)

National Hopeline Network: 24 hr access to counselors.

1-800-437-0303

Baton Rouge Crisis Intervention Center: Usually gauged towards adults, but will give information and find local referrals for teenagers and adolescents. 24 hr. service.

1-800-237-TALK (8255)

National Suicide Prevention Lifeline. 24 hr help.

1-800-DONTCUT (1-800-366-8288)

S.A.F.E Alternatives: Only information about self-injury. Not a hotline.

Web-Sites:

www.suicidology.org

This Site: Extensive information on suicide and prevention.

www.hopeline.com/5/links.asp

This Site: List of links for suicide and self injury related sites.

http://www.selfinjury.com/resources_faq.html

This Site: Frequently asked questions about self injury.

www.aacap.org/publications/factsfam/suicide.htm and

www.aacap.org/publications/factsfam/73.htm

These Sites: List of helpful facts and warning signs for teen suicide and self injury.

www.brcic.org

This Site: Baton Rouge Crisis Intervention Center. Excellent information on "Understanding Suicide".

<http://self-injury.org>

This Site: Christian-based self-injury information and resources. Can e-mail the author at lysamena@self-injury.org

Catholic Resources:

Web-Sites:

<http://home.att.net/~faithleap/suicide.htm>

This Site: Catholic Church's view of suicide

Books:

A Bright Red Scream: Self Mutilation and the Language of Pain by Marilee Strong. Published by Penguin Books, 1998. Covers reasons behind self-mutilation and cutting. Explains truths and myths behind these actions. (Amazon)

Catechism References:

The Catholic Church's official teaching on suicide can be found in the *Catechism of the Catholic Church*, sections 2280-2283 and section 2325.

Sexuality

Abstinence/Healthy Sexuality

Web-Sites:

www.catholic.com/chastity

This Site: Preview and purchase Jason Evert's If You Really Loved Me and Pure Love. Both books cover teens' questions about chastity and sexuality.

www.lovematters.com

This Site: Catholic site on abstinence and sexuality. Articles and resources.

www.abstinencedu.com

This Site: Governor's Program on Abstinence site. Excellent articles and source of information.

www.pureloveclub.com

This Site: Catholic abstinence site for teens, loads of great info and resources, including links.

www.ccli.org

This Site: Official site of the Couple to Couple League. Learn Natural Family Planning (NFP). Also great resources for marriage, pregnancy, and parenting.

www.catholiceducation.org/directory/Current_Issues/Sexuality/

This Site: List of articles on Catholic Sexuality.

Books:

The Theology of the Body According to John Paul II: Human Love in the Divine Plan by Pope John Paul II. Published by Daughters of St. Paul, 1997. A series of addresses given by the pope on the true meaning of human sexuality. (Catholic Company)

Theology of the Body Explained: A Commentary of John Paul II's "Gospel of the Body" by Christopher West. Published by Pauline Books & Media, 2003. A contemporary break down and explanation of John Paul II's Theology of the Body. (Catholic Company)

Theology of the Body for Beginners by Christopher West. Published by Ascension Press, 2004. An understandable guide to Pope John Paul II's Theology of the Body. (Amazon)

Love and Responsibility by Karol Wojtyla (Pope John Paul II). Published by Ignatius Press, 1994. The Holy Father talks about human sexuality, love, and God's plan. (Ignatius)

Good News About Sex and Marriage by Christopher West. Published by Charis Books, Servant

Publications, 2000. Answers to your honest questions about Catholic teaching. (Amazon)

Talking to Youth About Sexuality: A Parents' Guide by Mike Aquilina. Published by Our Sunday Visitor, 1995. Guide for parents to explaining sexuality to their children and reflecting Church views. (Catholic Company)

The Courage to Be Chaste by Fr. Benedict J. Groeschel. Published by Paulist Press, 1988. Guide on how to practically live a chaste Christian life. (Amazon)

Every Man's Battle by Stephen Arterburn and Fred Stoeker. Published by WaterBrook Press, 2000. Winning the war on sexual temptation one victory at a time. (Amazon)

Books Especially for Youth:

Real Love by Mary Beth Bonacci. Published by Ignatius Press, 1996
Answers your questions on dating, marriage, and the real meaning of sex. (Amazon)

Every Young Man's Battle by Stephen Arterburn and Fred Stoeker. Published by WaterBrook Press, 2002. Strategies for victory in the real world of sexual temptation. (Amazon)

If You Really Love Me: 101 Questions on Dating, Relationships and Sexual Purity by Jason Evert. Published by Charis Books, 2003. (Amazon)

Pure Love by Jason Evert. Published by Catholic Answers, 2003. A short easy read with honest questions and answers on chastity and sexuality. (Amazon)

Pure Womanhood by Crystalina Evert. Published by Catholic Answers, 2005. A short easy read about chastity, sexuality, and the challenges that young women face. (Amazon)

Audio:

Christopher West talks on Theology of the Body. Available at www.christopherwest.com and the Steubenville South bookstore. Wide selection of talks available.

Online Documents:

"The Truth and Meaning of Human Sexuality (Guidelines for Education Within the Family)" from the Pontifical Council for the Family. Found at www.newadvent.org/docs/cf9601.htm

Catechism References:

The Catholic Church's official teaching on chastity, sexuality, and marriage can be found in the *Catechism of the Catholic Church*, sections 2331-2400.

Crisis Pregnancy/Abortion

Phone Numbers:

1-800-550-4900

Birthright International. Pro-Life, 24 hr. services. www.birthright.org

1-800-67-BABY-6 (1-800-672-2296)

America's Crisis Pregnancy Hotline. Pro-Life, 24 hr. services, referrals.

1-800-395-HELP (1-800-395-4357)

OptionLine. Pro-Life, 24 hr. services. Connects caller to a local crisis center.

1-800-5-WE-CARE (1-800-593-2273)

Project Rachel's National Office of Post-Abortion Reconciliation and Healing. Hours: Mon, Wed, Fri from 9 AM – 3 PM, Central Standard Time.

Web-Sites:

www.prolife.com/HELPPG.html

This Site: List of phone numbers and sites for crisis pregnancy and post-abortion help.

www.optionline.org

This Site: Pro-Life. Locate local crisis centers on-line. Also abortion information (possible effects/complications).

www.friends-4-life.org

This Site: Pro-Life site with pregnancy and post-abortion helps and resources.

www.hopeafterabortion.com

This Site: National Project Rachel Site. Articles and prayers for post-abortion healing. Also locate nearest Project Rachel.

Several sites with information on a crisis pregnancy retreat center hosted by the Sisters of Life and the Knights of Columbus: www.sistersoflife.org/vm.htm, www.sistersoflife.org/ec.htm, www.sistersoflife.org/hr.htm, and www.kofc.org/publications/columbia/detail.cfm?id=4257

Websites Especially for Youth:

www.standupgirl.com/

This Site: Help for girls dealing with unexpected pregnancy. 3-D ultrasounds available. Stories of girls who chose not to have abortions. Videos and help lines.

Book:

Three Approaches to Abortion by Peter Kreeft. Published by Ignatius Press, 2002. A thoughtful and compassionate guide to one of today's most controversial issue. (Amazon)

Catechism References:

The Catholic Church's official teaching on abortion can be found in the *Catechism of the Catholic Church*, sections 2270-2275.

Homosexuality

Web-Sites:

www.couragerc.net

This Site: Catholic site for those who struggle with homosexuality. Also has youth link at www.couragerc.net/youthindexrevised.htm

www.narth.com

This Site: National Association for Research and Therapy of Homosexuality. Support for those who wish to change. Articles and accurate scientific perspectives.

Online Documents:

"What to Do About Priests and Seminarians with Same-Sex Attractions"

Article addressing the Church's position on homosexuality. Excellent. Found at <http://www.ewtn.com/library/ISSUES/ZSCNDSSA.HTM>

"On the Pastoral Care of Homosexual Persons"

Letter to Bishops of the Catholic Church found at www.newadvent.org/docs/df86ho.htm

Books:

Beyond Gay by David Morrison. Published by Our Sunday Visitor, 1999. A man shares his struggle with homosexuality and how he came to understand Catholic teachings on the subject and live as a chaste Catholic. (Amazon)

The Truth About Homosexuality: The Cry of the Faithful by John F. Harvey. Published by Ignatius Press, 1996. A solid look at the Catholic Church's view of homosexuality.

Catechism References:

The Catholic Church's official teaching on homosexuality can be found in the *Catechism of the*

Catholic Church, sections 2357-2359.

WHERE CAN I FIND THESE ITEMS AND MORE RESOURCES?

PLEASE NOTE:

Excellent Catholic materials can be found by accessing the Steubenville South bookstore, either by visiting our web-site at www.steubenvillesouth.com or calling our office at (318) 473-0539.

Many of these web-sites and books were located by using a search engine. You can find further resources by visiting a site such as www.google.com, and entering key terms (such as "addiction" or "abuse") along with the words "Catholic Church" or "Catholicism".

Books recommended followed by the word (Amazon) can be found for purchase at www.amazon.com.

Books recommended followed by the words (Christian Book Distributors) can be found for purchase at www.christianbook.com.

For an excellent source of Catholic materials online (books, videos, audio tapes, etc.), please visit Ignatius Press at www.ignatius.com or call 1-800-651-1531 and the Catholic Company at www.catholiccompany.com and Catholic Answers at www.catholic.com or call 1-888-291-8000. All of these sites have searches to locate information on the above listed subjects and other topics of interest.

NOTE:

As an office, Steubenville South has done its best to present materials and resources here which do not, in any way, contradict the teachings of the Catholic Church. If you should find any material on this list which does so, please contact our office and let us know as soon as possible. Thank you.